

Mass Intentions

Saturday, July 4

5:00 p.m. ✠ Michael Hunter by Keelan Family
✠ Rosita Reyes by Catelo Family
S.I. of Rommel Jon Minia by Minia Family
S.I. of Fran McCarthy by Patti & Dave McCrory

Sunday, July 5 14th SUNDAY IN ORDINARY TIME

9:00 a.m. Missa Pro Populo (For the People of the Parish)
11:00 a.m. ✠ C.R. George by Aranja Family

Wednesday, July 8

7 p.m. S.I. of Angie Brooks by Mary Theresea & Randy Hiltz
S.I. of Karen Terrel by Mary Theresea & Randy Hiltz

Thursday, July 9

7:00 p.m. ✠ Rogelio Catelo by CateloFamily

Friday, July 10

9:00 a.m.

Saturday, July 11

5:00 p.m. S.I. of John Maynes by Patti & Dave McCrory

Sunday, July 12 15th SUNDAY IN ORDINARY TIME

9:00 a.m. Missa Pro Populo (For the People of the Parish)
11:00 a.m. S.I. of Donna & Mel Cescon by The Rev. John Baker

LITURGY OF THE WORD
2025-2026

SUNDAY: YEAR A
WEEKDAY - YEAR 1

First Reading: (Zech 9:9-10).
The messianic king is portrayed, not as a proud warrior, but as a humble and gentle champion of peace for all peoples.

Second Reading:(Rom 8:9.11-13).
St. Paul contrasts life ‘in the spirt’ with life ‘in the flesh’.

Gospel: (Mt 11:25-30).
Jesus reveals the Father to those who are ‘little’ and lightens the burdens of those who are humble.



Psalm 119:105
Your Word is a lamp for
my feet,
a light on my path.

ACCEPT THE INVITATIONS AND GO FORWARD

Zechariah 9.9-10; Psalms 145.1-14; Romans 8.9-13; Matthew 11.25-30

Today we are given three-fold invitations. 1. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. 2. Learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 3. Take my yoke upon you, for my yoke is easy, and my burden is light (Mt.11.28-30).

1. “Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest”. The ministry of Jesus was to introduce people to a relationship of intimacy with God. The popular Gospel song “Put your hand in the hand of the man from Galilee...” (1972, Elvis Presley, composed by Gene MacLellan) shall remind us to go to Him and hand over our burdens as Jesus is our loving Master and caring Lord. Putting your hand in somebody else’s is a gesture of friendship and closeness.

The heaviest load we carry to Him is that of our unfulfilled ambitions, and the burden of our bruised egos. The kind of burdens we take to Him are our worries, disappointments, hurts, bitterness, guilt, illness, unemployment, difficult relationships, anxieties, addictions etc. When I hand over my burdens to Him, I am more engaged, kind, forgiving, relaxed, peaceful, joyful with colleagues, family members and friends, and practicing my faith.

2. “Learn from me, for I am gentle and humble in heart, and you will find rest for your souls”. We need to learn from Jesus how to live like Him in gentleness and humility. Being gentle and humble He became a “Man for others” and the Son of God. A gentle person treads lightly, listens carefully, looks tenderly, and touches with reverence. Let’s dress with gentleness. In our tough and often unbending world our gentleness can be a vivid reminder of the presence of God among us (Henri Nouwen). Gentleness and humility bring peace and make life less burdensome for us and others.

3. “Take my yoke upon you, for my yoke is easy, and my burden is light”. Jesus invites us to follow him on the same path that He has walked. That’s why He can understand our difficulties and our struggles; Forgive our stupidities and our faults; Always encouraging us to get up again and continue the journey with hope and trust. Despite all our problems, we trust Him when He says, “my yoke is easy and my burden light”. He took burdens of so many. How can one do so? Jesus carried His burdens with love, and love can make heavy burdens light. Faith makes all things possible, and love makes all things easy.

The Holy Spirit dwelling in us will enable us positively to respond to the invitations of the Lord and grant us the grace we need to follow Him (Romans 8:9-13).

May God bless all of us
Father Thomas Manninezhath, CMI



From this heart flows forgiveness, compassion, and new life. Let us continue to turn to the Sacred Heart with trust, asking that His love may transform our hearts, strengthen our ability to love and serve others, and shape our daily lives according to His Heart.



OFFERTORY June 28, 2026
Envelopes: \$1,726.50, E-transfer: \$870.00, Non-Envelopes: \$352.75

Thank you for your support
Please continue to support the parish by dropping the collection envelopes in the PARISH MAILBOX at the front door of the Rectory OR You may use Online banking (e-transfer). The money you transfer will directly go to our BMO parish account. For this purpose, please use our parish email: stanthonykincardine@hamiltondiocese.com OR You may consider pre-authorized giving. Authorization Form is available on our website: www.stanthonykincardine

ANNOUNCEMENTS

THE POPE'S PRAYER INTENTION, JULY 2026

For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

CHANGE OF MASS SCHEDULE

Just a reminder there will be No Mass on Tuesdays this week. There will be a 7 pm Mass on Wednesday, and on Thursday onwards we are back to our usual schedule with Mass in the mornings and evenings.

PARISH SOCIAL SUNDAY!

We invite everyone to our monthly Parish Social this Sunday July 5, 2026, following the 11 a.m. Mass. Come, join, socialize and share together the refreshments provided.

YOUNG ADULTS NIGHT Fr. John Ha, our new Vocations Director, invites all young adults (ages 20s and 30s) of our diocese to attend an evening of prayer, fellowship and praise music in support of your vocations. The Young Adults Night includes a Holy Hour (6:30pm-7:30 pm), social with food (7:30pm-8:00pm), praise night with vocations testimony (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, August 1st at St. Catherine of Siena Church (620 Rymal Road East, Hamilton, Ontario). Sponsored by the Vocations Office of the Diocese of Hamilton: <https://hamiltondiocese.com/vocations/> For more information, please contact: vocations@hamiltondiocese.com.

PARENTING TIP OF THE MONTH The expression “the family that prays together stays together” is one that most people have heard. Popular sayings make sense when we see the truth in them, but this one is backed up by research! When we pray together at home (before meals, before bed, in the morning) and attend Mass, we are connecting on a deep level that helps a family have increased unity. So, enjoy the more relaxed summer days and holidays, but don't let prayer and attending Mass take a holiday because their benefits are a wonderful addition to this great season!

MARRIAGE ENRICHMENT Healthy marriages matter! Proven benefits include having a support system, learning to grow with another, having increased happiness levels and physical benefits, all proven in research. Keeping your marriage healthy and strong requires love, but also time spent fine tuning your marriage and reconnecting. Join us November 21st for a day to reconnect and spend time with the one you love! Registration can be found online at hamiltondiocese.com, under Upcoming Events, or contact Sarah at 905-528-7988 ext. 2249, or e-mail familyministry@hamiltondiocese.com

Pre-Authorized Giving

Our Parish depends entirely on your generosity. Please consider the use of pre-authorized giving. Authorization forms are available in the Narthex.

*Welcome to all our visitors and guests.
We wish you fruitful and relaxing days during your stay with us.*

St. Anthony of Padua Church

“Sharing Our Faith in God Through Service to Our Neighbour”

749 Russell Street, Kincardine, ON, N2Z 1S7

Phone: 519-396-2505 * Email: stanthonykincardine@hamiltondiocese.com

Web: www.stanthonykincardine.com * Facebook: [St.Anthony of Padua Parish-Kincardine](https://www.facebook.com/St.Anthony.of.Padua.Parish-Kincardine)

JULY 5, 2026



WELCOME TO ST. ANTHONY'S

**Kindly remember our St. Anthony of Padua Parish, Kincardine, Ontario, in your
BEQUESTS AND WILLS for the benefit of the parish and its pastoral activities.**

Office Hours

Wednesday & Friday

9:30 am - 12:00 pm, 1:00 pm - 4:30 pm

Parish Staff

Fr. Thomas Manninezath, CMI

Parish Secretary: Maggie Lutz

Parish Bookkeeper: Rene Renaud

Custodian: Mr. Wayne Brownrigg

Sunday Mass

Saturday - 5:00 p.m.

Sunday - 9:00 a.m. and 11:00 a.m.

Daily Mass

Tuesday and Thursday - 7:00 p.m.

Wednesday and Friday - 9:00 a.m.

Sacrament of Reconciliation

Saturdays - 3:30 p.m. to 4:30 p.m.

Sacrament of Baptism

Please contact the Parish office to schedule a meeting with the Pastor to plan.

Sacrament of Marriage

Please contact the Parish office to schedule a meeting with the Pastor to plan **at least 1 year** prior to the proposed celebration as a preparation program is required.

Society of St. Vincent de Paul

519-386-2485

Catholic Women's League

Email: kincardinecwl@gmail.com



Knights of Columbus

Email: gk7160@ontariokofc.ca



Elementary School

St. Anthony's - 519-396-4330



High School

Sacred Heart - 519-881-1900